



# BIG GYM SCHEDULE

We build strong kids, strong families, strong communities.

Hampton Family YMCA  
SEPTEMBER 2010

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1-Sep	2-Sep	3-Sep	4-Sep
			YMCA CLOSED	YMCA CLOSED	Gym closed for floor resurfacing	Gym closed for floor resurfacing
5-Sep	6-Sep	7-Sep	8-Sep	9-Sep	10-Sep	11-Sep
Gym closed for floor resurfacing	YMCA CLOSED Happy Labor Day!	6am-9am/3pm-6pm School Age  6pm-10pm Family Gym  8pm-9:45pm Adult Basketball	6am-9am/3pm-6pm School Age  6pm-10pm Family Gym	6am-9am/3pm-6pm School Age  6pm-8pm Family Gym  8pm-9:45pm Adult Basketball	6am-9am/3pm-6pm School Age  6pm-10pm Family Gym	8am-5pm Family Gym
12-Sep	13-Sep	14-Sep	15-Sep	16-Sep	17-Sep	18-Sep
1p-5p Family Gym	6am-9am/3pm-6pm School Age  6pm-10pm Family Gym	6am-9am/3pm-6pm School Age  6pm-8pm Family Gym  8:15pm-9:45pm Adult Basketball	6am-9am/3pm-6pm School Age  6pm-10pm Family Gym	6am-9am/3pm-6pm School Age  6pm-8pm Family Gym  8pm-9:45pm Adult Basketball	6am-9am/3pm-6pm School Age  6pm-10pm Family Gym	8am-5pm Family Gym
19-Sep	20-Sep	21-Sep	22-Sep	23-Sep	24-Sep	25-Sep
1p-5p Family Gym	6am-9am/3pm-6pm School Age  6pm-10pm Family Gym	6am-9am/3pm-6pm School Age  6-8pm Adult Women's Volleyball League  8pm-9:45pm Adult Basketball	6am-9am/3pm-6pm School Age  6-10pm Adult Coed Volleyball League	6am-9am/3pm-6pm School Age  6pm-8pm Family Gym  8pm-9:45pm Adult Basketball	6am-9am/3pm-6pm School Age  6-10pm Adult Indoor Soccer League	8am-5pm Family Gym
26-Sep	27-Sep	28-Sep	29-Sep	30-Sep		
1p-5p Family Gym	6am-9am/3pm-6pm School Age  6pm-10pm Family Gym	6am-9am/3pm-6pm School Age  6-8pm Adult Women's Volleyball League	6am-9am/3pm-6pm School Age  6-10pm Adult Coed Volleyball League	6am-9am/3pm-6pm School Age  6pm-8pm Family Gym  8pm-9:45pm Adult Basketball		

Gym rules apply during Family Gym time.



# SMALL GYM SCHEDULE

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SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1-Sep YMCA CLOSED	2-Sep YMCA CLOSED	3-Sep GYM Closed for floor resurfacing	4-Sep GYM Closed for floor resurfacing
5-Sep GYM Closed for floor resurfacing	6-Sep YMCA CLOSED Happy Labor Day!	7-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	8-Sep 6am-9am/3pm-6pm School Age 6-8pm Taekwondo 8-10pm Family Gym	9-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	10-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	11-Sep 9:30-11:30am Taekwondo 11:30am-5pm Family Gym
12-Sep 1-5pm Family Gym	13-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	14-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	15-Sep 6am-9am/3pm-6pm School Age 6-8pm Taekwondo 8-10pm Family Gym	16-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	17-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	18-Sep 9:30-11:30am Taekwondo 11:30am-5pm Family Gym
19-Sep 1-5pm Family Gym	20-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	21-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	22-Sep 6am-9am/3pm-6pm School Age 6-8pm Taekwondo 8-10pm Family Gym	23-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	24-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	25-Sep 9:30-11:30am Taekwondo 11:30am-5pm Family Gym
26-Sep 1-5pm Family Gym	27-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	28-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym	29-Sep 6am-9am/3pm-6pm School Age 6-8pm Taekwondo 8-10pm Family Gym	30-Sep 6am-9am/3pm-6pm School Age 6-10pm Family Gym		

Gym rules apply during Family Gym time.